



USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 16, 2014

Freestyle Farm, Amherst NH (188 Mack Hill Rd)

Age Divisions – Age as of December 31, 2014

7-8 Boys and Girls	born 2006 & 2007
9-10 Boys and Girls	born 2004 & 2005
11-12 Boys and Girls	born 2002 & 2004
13-14 Boys and Girls	born 2000 & 2001
15-16 Boys & Girls	born 1998 & 1999
17-18 Boys & Girls	born 1996 & 1997

NOTE NEW SCHEDULE FOR 2014!

Eligibility US Citizens, resident aliens, prep and foreign exchange students living in MA, NH, RI, and VT only.

USATF MEMBERSHIP - Important

Runners must have a 2014 or 2015 USATF membership to enter the meet. Obtain membership online at www.usatf.org/member (preferred) or by mail.

2015 Membership begins on November 1 and is good for all of 2014 and 2015 - so wait until November 1 and save!
USATF membership for ages 18-and-under - \$20.00

ENTRY PROCEDURES

Entry is **online only at CoachO.com after October 1.**

Date of Birth must be Verified before entry!

If needed, **submit proof of date of birth** as soon as possible

Email office@usatfne.org

Fax 617-939-0992

Entry closes at 11:59 p.m. on Tuesday November 11

Complete all information on the online form including the online signature of the Waiver.

Be sure to complete the process AND bring a copy of your receipt to the meet in case there are any questions

CLUBS SHOULD HANDLE ALL THEIR MEMBER ENTRIES

Online entry closes Tuesday Nov 11 at 11:59 p.m.

Waivers due to scholastic events – see 2nd column

ENTRY FEE:

\$6 per athlete by November 11. Fee must be paid online.

Only clubs with prior approval may pay on site with one check \$10 for all late entry. **NO RACE DAY ENTRY**

BE SURE TO ENTER BY NOVEMBER 11 !

AWARDS - Medals to the top 15 finishers in each race

For additional information and maps and directions to Amherst, see

www.usatfne.org/cross
Questions? office@usatfne.org

NOTE NEW SCHEDULE FOR 2014!

Schedule of Events – NEW SCHEDULE IN 2014!

8:30 a.m.	CHECK-IN / Number pick-up begins
10:00 a.m.	11-12 Girls 3000 meter *NOTE TIME
10:30 a.m.	11-12 Boys 3000 meter
11:00 a.m.	9-10 Girls 3000 meter
11:30 a.m.	9-10 Boys 3000 meter (Number pickup continues until 2pm)
12:30 p.m.	7-8 Girls 2000 meter *NOTE TIME
1:00 p.m.	7-8 Boys 2000 meter
1:30 p.m.	13-14 Girls 4000 meter
2:00 p.m.	13-14 Boys 4000 meter
2:30 p.m.	15-16 Girls 5000 meter AND 17-18 Girls Combined ages
3:00 p.m.	15-16 Boys 5000 meter AND 17-18 Boys Combined ages

COURSE TOURS: Saturday, Nov 16, 2–5 pm

TEAM SCORING: USATF clubs only. Top 5 by Place.

If a team has more than 8 runners in one division, they must declare their 8 scorers before the race at registration. Forms will be available. A, B, C teams may be declared. Teams must wear same color/design top / shorts

JO COURSE PREVIEW MEET – Sunday, November 9.

Selected distances. Details at www.amherstrack.org

REGION I JUNIOR OLYMPIC CHAMPIONSHIPS

Sunday, November 23, 2014 Augusta, MAINE

The top 5 teams and other individuals in the top 30 at the New England meet **qualify** for the Region I meet.

If teams or individuals choose not to go, others do not move up!

WAIVERS INTO REGION I MEET

With approval of the association, athletes competing in a high school championship meet on November 15 may advance directly to the Region I meet. They may only score for a club if the club has advanced as a team. Entire scoring teams may NOT be waived to Region I.

WAIVERS MUST ENTER AND PAY THE NE MEET ENTRY

Email office@usatfne.org by November 10 to request waiver

REGION I ENTRY

Region I Meet Registration **is online only at CoachO.com - Tuesday a.m. Nov 18 to Thursday Nov 20.** Check exact times

Clubs must enter all team runners together.

Athletes entering the Region I meet **must enter and pay online at CoachO.com at time of registration**

USATF National Junior Olympic XC Championships Myrtle Beach SC, Saturday, December 13, 2014

The top 5 and other individuals in the top 25 in the Region I meet qualify for the National JO Championships